

THE Accent

Prince Edward Island Union of Public Sector Employees

Upcoming Courses: Express Interest

Contact the union to register in one or more of the following UPSE courses. Call **902-892-5335**, toll free **1-800-897-8773**, e-mail peiupse@peiupse.ca, or register online here:

<https://www.peiupse.ca/education/courses/> **Note:** please see the following course changes:

Mental Health in the Workplace on September 27 (canceled)

Understanding and Respect Among Generations (rescheduled from November 1 to December 13)

Train the Trainer, October 11 and 12 (postponed with new dates TBA)

Violence in the Workplace

Violence in the workplace is a serious issue. All workers have a right to a safe and healthy workplace. The *Preventing Violence in the Workplace* course covers:

- *what constitutes workplace violence and how prevalent is it?*
- *is there a difference between harassment and violence?*
- *to what extent is the employer accountable for workplace violence?*
- *what can we do to reduce incidents of workplace violence?*

Date: October 4, 9:00 to 4:00 pm at the UPSE office (Contact UPSE by September 28)

Mental Health in the Workplace

This course emphasizes the importance of maintaining good mental health and understanding mental health conditions.

- *learn about the nature of stress in the workplace and look at strategies to manage stress*
- *engage in discussion about the ways people can help themselves cope with the aftermath of dangerous or traumatic situations at work so they can minimize the risk of suffering long term impacts on their mental health*

Date: October 18, 9:00 to 4:00 pm at the UPSE office (Contact UPSE by October 11)

Contest: Win * Win * Win

Membership Services will be holding 3 draws over the next 3 months for gift cards to test our *Electronic Voting System*. To be eligible, members must have completed their **UPSE Membership Card/Registration** with UPSE and have a **valid email address** at the Union Office. If you have not registered, please go to our membership registration section here on the UPSE website to register <https://www.peiupse.ca/membership-registration/> Registered members are entitled to a **Membership Card with a unique UPSE ID# and members' discounts from participating vendors.**

If you already are registered with UPSE, please ensure that your UPSE member contact information is up-to-date as well (home mailing address, contact number, email address and worksite). To do so, please fill out your UPSE contact information form here <https://www.peiupse.ca/members/update/> and submit it electronically. If you have any questions reach out to us at the UPSE office at (902) 892-5335 or email peiupse@peiupse.ca



To enter the draw and help us test our *Electronic Voting System*, you must indicate your preference/vote on the following question. The "vote" will **close at 4:00 p.m. September 29, 2023.**

What is your preferred discount category?

- A) Hotels/Motels
- B) Home Improvements /Hardware
- C) Restaurants
- D) Services/Fuel
- E) Other Merchandise

The **Draw date will be September 29, 2023.** Please reach out to us at the UPSE office at (902) 892-5335 or email peiupse@peiupse.ca with any questions/inquiries.

Step 1

Only registered members are eligible to Vote. Go to <https://www.peiupse.ca/members/login/> Your login ID is your **UPSE ID**. Your password is your **POSTAL CODE IN CAPS** with a **space** in the middle e.g., (A1A 1A1). After entering your postal code as your password, it will prompt you to immediately change your password. Please save this password for future access to this member's only section.

Step 2

To vote you must Log out and log back in with your new password. You can now "Cast your Vote" and you will receive a pop-up confirmation message and then a "Thank you for voting" message. This means your vote has been cast properly. If you do not receive a confirmation message or thank you for voting message, your vote has not been registered.

Please contact Jackie McCaughey at the UPSE office if you are experiencing any difficulties at 902-892-5335 or email jmccaughey@peiupse.ca

The Accent is an internal publication of the Prince Edward Island Union of Public Sector Employees. Comments, questions, concerns and suggestions should be sent to: Mark Barrett, PEI UPSE Communications and Campaigns Officer, at mbarrett@peiupse.ca.

Note to members distributing The Accent:

Because the material contained in this publication is often of a time-sensitive nature, please post or distribute it as soon as possible.

PEI UPSE is proud to represent over 5000 members in the public and private sectors.