

Prince Edward Island Union of Public Sector Employees

## **UPSE Bursary Program (Apply Now)**

UPSE's Bursary/Scholarship program is now open once again to members, spouses, or dependents who are attending an accredited college or university full-time. We would like to invite you to submit an application for one of the bursaries that UPSE awards annually. We have a range of bursaries available,

with twelve worth \$500 and two scholarships worth \$1,000 each. These include the \$1,000 *Laurie Jenkins Memorial Scholarship*, and another \$1,000 scholarship specifically for students with a learning disability, as well as one \$500 bursary to be awarded in memory of Julie MacKay to the top applicant going to Holland College.



We hope that you take advantage of this opportunity and wish you the best of luck with your studies UPSE is proud to offer this support as part of its ongoing efforts to promote the importance of life-long learning and education. In order to qualify, recipients must be enrolled full-time at an accredited post-secondary institution. Bursaries are available for both in-province and out-of-province studies. Both the bursaries and the scholarships are for the second semester (after Christmas) and are awarded on the basis of approved criteria.

To be eligible, applicants must be employed by one of UPSE's bargaining units and be a member in good standing (or be a spouse or dependant of a member in good standing). Applicants must be enrolled as full-time students at a post-secondary institution during the current academic year. An **official, sealed transcript** (no photocopies) of the applicants last set of marks should also be included (or email DIRECTLY from a school to peiupse@peiupse.ca). Students attending Holland College or other institutions that do not use traditional marking systems **must** include Grade 12 marks and an evaluation from a college official.

The UPSE Public Relations and Recreation/Convention Committee will base its decision regarding the bursaries on three factors. They are — in order of importance:

**1) Academic ability 2) UPSE involvement** (as it relates to the applicant or to the UPSE member of whom the applicant is a spouse/dependant) **3) Financial need** 

A fourth factor - **community involvement** - will determine the top award winner for the **Laurie Jenkins Memorial Scholarship.** 

Applications are reviewed using a "blind test" procedure whereby Committee members are not provided with any identifying information about an applicant. The Public Relations Committee selects the successful recipients of the bursaries and/or the scholarship from the applications received. The awards are usually presented over the Christmas break. All applications must be received by: **November 25, 2025 at 4:30 p.m.** Application forms are available at the UPSE office or on the Union's website at (<a href="https://www.peiupse.ca/education/scholarships/">https://www.peiupse.ca/education/scholarships/</a>).

Please note: failure to meet the criteria provided in this description may result in the committee ruling your application ineligible. No application will be considered without an official, sealed transcript (no photocopies), or emailed directly from a school, and all questions must be answered.

## Planning the Future/Financial Management

This course is intended for younger UPSE members. Pensions, investing, life insurance and health care protection will be discussed.

- importance of retirement planning plan and start early (financial plan, activity / lifestyle)
- review your pension statements for accuracy review your health plan to determine your benefits

**Date: October 1, 2025, 9:00** to **4:00 pm** at the **UPSE office** (Contact UPSE by **September 19, 2025** to register, at **902-892-5335** or email **peiupse@peiupse.ca**)

# **Course: Steward Level I**

The Steward Level I course is designed for members interested in becoming a Steward or have been elected to the position. *The course covers:* 

STUDIES

WORKERS

- the important role Stewards play in the union
- what makes unions strong
- what tools are required to act effectively in the role of Steward

Date: October 8, 2025 from 9:00 to 4:00 pm at the UPSE office Register by September 25, 2025 at 902-892-5335 or email peiupse@peiupse.ca

#### **Mental Health in the Workplace!**

This course emphasizes the importance of maintaining good mental health and understanding mental health conditions.

- learn about the nature of stress in the workplace and look at strategies to manage stress
- engage in discussion about the ways people can help themselves cope with the aftermath of traumatic situations at work so they can minimize the risk of suffering long term impacts on their mental health

Date: October 15, 2025, 9:00 to 4:00 pm at the UPSE office (Contact UPSE by October 1, 2025 to register, at 902-892-5335 or email peiupse@peiupse.ca)

## **Call for Directors (Vacant Positions)**

UPSE's *Membership Services Committee* has issued a call for nominations for a vacant Director position in Locals 1, 7, and 18. Nomination forms are available to print from the union's website (www.peiupse.ca), or call UPSE at 902-892-5335, or e-mail (peiupse@peiupse.ca). To be eligible for nomination as a Director a member must:

- be in good standing for at least the previous twelve months (1 yr.)
- be nominated by a member in good standing of the applicable local
- have completed the Welcome to UPSE or equivalent course

Nomination forms can be printed from the UPSE website and must be submitted to the union office by **4:30 pm** on **September 30**, **2025**. A biography must be included with the nomination form (mandatory).